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February 2019

Dexter Elementary School Breakfast and Lunch Menu

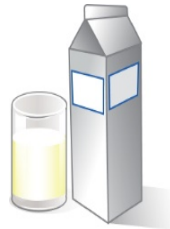
Fresh Fruit and Vegetables offered Daily on Salad Bar with lunch.

1% White and FF chocolate milk offered daily for Breakfast and Lunch.

Menu subject to change without notice

Monday	Tuesday	Wednesday	Thursday	Friday
4) No Breakfast due to late start Hamburger, fries, mixed fruit	5) French toast sticks, fruit, juice Asian chicken, fried rice, fortune cookie, pineapple, breadstick	6) Breakfast pizza, fruit, juice Tacos, pinto beans, orange wedges	7) Mini Cinnamon roll, fruit, juice Steak fingers Mashed potatoes, gravy peaches	8 Cereal, fruit, juice Macaroni and Cheese Fresh Broccoli, apple wedges
11) Mini bites, fruit, juice Deli Sandwich, baby carrots, pears	12) Breakfast Round, fruit, juice Bean & cheese Burrito, fresh broccoli, peaches	13) Pancake on a stick, fruit, juice Corndog, French fries, blushed apple sauce	14) Churro, fruit, juice Chicken nuggets, mashed potatoes, gravy, orange wedges, roll	15) Cereal, fruit, juice Nachos, cucumber slices, mixed fruit
18) Presidents Day No school	19) Sausage Biscuit, fruit, juice Pizza, celery sticks, peaches	20) Breakfast Burrito, fruit, juice Pork Chop on homemade roll, chips, baby carrots, pineapple	21) Muffin, string cheese, fruit, juice BBq Dippers, mashed potatoes, gravy, roll, peaches	22) Cereal, fruit, juice Cheese Enchiladas, pinto beans, mixed fruit
25) Benefit Bar, fruit, juice Hamburger, French fries, apple wedges	26) French toast sticks, fruit, juice Asian chicken, fried rice, fortune cookie, pineapple, breadstick	27) Breakfast pizza, fruit, juice Tacos, pinto beans, orange wedges	28) Mini Cinnamon roll, fruit, juice Steak fingers Mashed potatoes, gravy peaches	

February 2019  
 Dexter Middle and High School Breakfast and Lunch Menu  
 1% White and FF Chocolate Mild offered daily for Breakfast and Lunch  
 Menu subject to change without notice  
 Breakfast Burrito Offered Daily as a choice for breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
4) <b>Breakfast</b> No Breakfast due to late start <b>Lunch Entrée Choices</b> Hamburger or Hawaiian Chicken wrap <b>Fruit and Vegetable Choices</b> French fries, fresh broccoli, mixed fruit, apples	5) <b>Breakfast</b> French toast sticks, fruit, juice <b>Lunch Entrée Choices</b> Asian Chicken, Corn dog <b>Fruit and Vegetable Choices</b> Fruit punch, oranges, oriental vegetables, celery sticks	6) <b>Breakfast</b> Breakfast Pizza, fruit, juice <b>Lunch Entrée Choices</b> Tacos, Chicken Sandwich <b>Fruit and Vegetable Choices</b> Pinto beans, cucumber slices, apples, oranges	7) <b>Breakfast</b> Mini Cinnamon roll, fruit, juice <b>Lunch Entrée Choices</b> Turkey on Toast, Asado Burrito <b>Fruit and Vegetable Choices</b> Mashed potatoes, baby carrots Fruit punch,	8) <b>Breakfast</b> Cereal, fruit, juice <b>Lunch Entrée Choices</b> Macaroni & Cheese, Pizza <b>Fruit and Vegetable Choices</b> Fresh Broccoli, Mashed potatoes, Apples, pears
11) <b>Breakfast</b> Mini bites, fruit, juice <b>Lunch Entrée Choices</b> Deli Sandwich, Fajitas <b>Fruit and Vegetable Choices</b> Baby Carrots, Celery Sticks Pears, Apples	12) <b>Breakfast</b> Breakfast Round, fruit, juice <b>Lunch Entrée Choices</b> Bean and cheese burrito, Indian Fry Bread <b>Fruit and Vegetable Choices</b> Corn on the Cob, cucumber slices, Peaches, apples	13) <b>Breakfast</b> Pancake on a Stick, Fruit, Juice <b>Lunch Entrée Choices</b> Corndog, BBQ Sandwich <b>Fruit and Vegetable Choices</b> French Fries, Fresh Broccoli Oranges, pineapple	14) <b>Breakfast</b> Churro, fruit, juice <b>Lunch Entrée Choices</b> Chicken nuggets & homemade roll, Soft Taco <b>Fruit and Vegetable Choices</b> Mashed Potatoes, Beans Mandarin oranges, pears	15) <b>Breakfast</b> Cereal, fruit, juice <b>Lunch Entrée Choices</b> Nachos, Grilled Cheese Sandwich <b>Fruit and Vegetable Choices</b> French fries, mixed vegetables Mixed fruit, pears
18) Presidents Day	19) <b>Breakfast</b> Sausage Biscuit, fruit, juice <b>Lunch Entrée Choices</b> Pizza, Monte Cristo Sandwich <b>Fruit and Vegetable Choices</b> Pears, apples, cucumber slices, French fries	20) <b>Breakfast</b> Biscuit and Gravy, fruit, juice <b>Lunch Entrée Choices</b> Pork Chop on Homemade Roll, Ham & Cheese Wrap <b>Fruit and Vegetable Choices</b> Corn on the Cob, baby carrots Mandarin Oranges, banana	21) <b>Breakfast</b> Muffin String Cheese, fruit, juice <b>Lunch Entrée Choices</b> BBQ Dippers & Homemade roll, Nachos <b>Fruit and Vegetable Choices</b> Mashed potatoes, Fresh Broccoli, Peaches, grapes	22) <b>Breakfast</b> Cereal, fruit, juice <b>Lunch Entrée Choices</b> Cheese Enchiladas with Spanish rice, Baked Potato with cheese & Bread Stick <b>Fruit and Vegetable Choices</b> Beans, steamed broccoli, mixed fruit, pineapple
25) <b>Breakfast</b> Benefit Bar, fruit, juice <b>Lunch Entrée Choices</b> Hamburger or Hawaiian Chicken wrap <b>Fruit and Vegetable Choices</b> French fries, fresh broccoli, mixed fruit, apples	26) <b>Breakfast</b> French toast sticks, fruit, juice <b>Lunch Entrée Choices</b> Asian Chicken, Corn dog <b>Fruit and Vegetable Choices</b> Fruit punch, oranges, oriental vegetables, celery sticks	27) <b>Breakfast</b> Breakfast Pizza, fruit, juice <b>Lunch Entrée Choices</b> Tacos, Chicken Sandwich <b>Fruit and Vegetable Choices</b> Pinto beans, cucumber slices, apples, oranges	28) <b>Breakfast</b> Mini Cinnamon roll, fruit, juice <b>Lunch Entrée Choices</b> Turkey on Toast, Asado Burrito <b>Fruit and Vegetable Choices</b> Mashed potatoes, baby carrots Fruit punch,	 <p>Got Milk?            Got Veggies            Got Fruit?            Got Health?</p>