

October, 2018

1% white and 1% Chocolate Milk offered daily

Breakfast Burritos Offered Daily as a choice for Breakfast

Dexter Middle School and Dexter High School

Breakfast and Lunch Menu

Fresh fruit and vegetables offered daily on salad


<p>1</p>  <p>FAIR DAY</p>	<p>2 Breakfast Benefit bar, juice, fruit ***** Lunch Pizza, fruit, salad ----- Pulled pork sandwich, coleslaw, pickle spear</p>	<p>3 Breakfast Ham &amp; Cheese Sandwich, juice, fruit ***** Lunch Tacos, beans, Spanish rice ----- Pizza, Lettuce tomato, fruit</p>	<p>4 Breakfast Mini pancakes, juice, fruit ***** Lunch Chicken patty, mashed potatoes, gravy, roll ----- Nachos, refried beans, fruit</p>	<p>5 Breakfast Biscuits and Gravy, juice, fruit ***** Lunch Asado, tortilla, rice, corn ----- Chili cheese fries, bread sticks lettuce tomato topping, Fruit, bread sticks</p>
<p>8 Breakfast French toast sticks, juice, fruit ***** Lunch Lasagna, green beans, garlic bread sticks ----- Pizza, lettuce tomato, fruit</p>	<p>9 Breakfast Sausage biscuit, juice, fruit ***** Lunch Hamburger, curly fries, lettuce tomato ----- Asian rice bowl, fruit, fortune cookie</p>	<p>10 Breakfast Breakfast Pizza, juice, fruit ***** Lunch Combo burrito, Spanish rice, fruit ----- Italian sandwich, fries, fruit</p>	<p>11 Breakfast Pop tart, juice, fruit ***** Lunch Ckn nuggets, mashed potatoes, gravy, roll ----- Corn dog, chips, fruit</p>	<p>12 Breakfast Cereal, juice, fruit ***** Lunch Red Beef Enchiladas, beans, rice ----- Chicken toaster club, Calabacitas, fruit</p>
<p>15 No Breakfast Students report at 11:00 am ***** Lunch Lasagna, seasoned green beans, garlic bread ----- Pizza, lettuce tomato, fruit</p>	<p>16 Breakfast Pancake on a stick, juice, fruit ***** Lunch BBO sandwich, curly fries, lettuce tomato ----- Chicken alfredo, green beans, bread stick, fruit</p>	<p>17 Breakfast Cinnamon Toast, juice, fruit ***** Lunch Chicken Fajitas, grilled vegetables, beans, flour tortilla ----- Island burger, fries, fruit</p>	<p>18 Breakfast Blueberry muffin, juice, fruit ***** Lunch Pork Chop, green chili mashed potatoes, gravy, roll ----- Southwest Chicken Quesadilla, refried beans, fruit</p>	<p>19 Breakfast Cinnamon Roll, juice, fruit ***** Lunch ASIAN chicken, fried rice, oriental vegetables, fortune cookie ----- Indian taco, lettuce tomato, fruit</p>
<p>22 Breakfast Morning roll, juice, fruit ***** Lunch Mac &amp; cheese, mixed vegetables, Bread stick ----- Cold cut wrap, chips, fruit</p>	<p>23 Breakfast Benefit bar, juice, fruit ***** Lunch Pizza, fruit, juice ----- Pulled pork sandwich, coleslaw, pickle spear</p>	<p>24 Breakfast Ham &amp; Cheese Sandwich, juice, fruit ***** Lunch Tacos, beans, Spanish rice ----- Pizza, lettuce tomato, fruit</p>	<p>25 Breakfast Mini Pancakes, juice, fruit ***** Lunch Chicken Patty, mashed potatoes, gravy, roll ----- Nachos, refried beans, fruit</p>	<p>26 Breakfast Biscuits and Gravy, juice, fruit ***** Lunch Asado, tortilla, rice, corn ----- Chili cheese fries, bread sticks lettuce tomato topping, fruit, bread sticks</p>
<p>29 Breakfast French toast sticks, juice, fruit ***** Lunch Lasagna, green beans, garlic bread sticks, ----- Pizza, lettuce tomato, fruit</p>	<p>30 Breakfast Sausage biscuit, juice, fruit ***** Lunch Hamburger, curly fries, lettuce tomato ----- Asian rice bowl, fruit, fortune cookie</p>	<p>31 Breakfast Breakfast Pizza, juice, fruit ***** Lunch Combo burrito, Spanish rice, fruit ----- Italian sandwich, fries, fruit</p>	<p>1 Breakfast Bk burrito, juice, fruit ***** Lunch Ckn nuggets, mashed potatoes gravy, roll ----- Lunch Corn dog, chips, fruit</p>	<p>2 Breakfast Cereal, juice, fruit ***** Lunch Red Beef Enchiladas, beans, rice Sorry – no sopapillas today ----- Chicken toaster club, chips, fruit</p>

October, 2018

Dexter Elementary School Breakfast and Lunch Menu

1% White and FF Chocolate Milk Served Daily

Fresh fruit and vegetables offer daily on Salad Bar

<p>1</p>  <p>FAIR DAY</p>	<p>2 BREAKFAST BENEFIT BAR, JUICE, FRUIT ***** LUNCH PIZZA, FRUIT, SALAD</p>	<p>3 BREAKFAST HAM AND CHEESE SANDWICH, JUICE, FRUIT ***** LUNCH TACOS, BEANS, SPANISH RICE</p>	<p>4 BREAKFAST MINI PANCAKES, JUICE, FRUIT ***** LUNCH CHICKEN PATTY, MASHED POTATOES, GRAVY ROLL</p>	<p>5 BREAKFAST CEREAL, JUICE, FRUIT SANDWICH, JUICE, FRUIT ***** LUNCH ASADO, TORTILLA, RICE, CORN</p>
<p>8 BREAKFAST FRENCH TOAST STICKS, JUICE, FRUIT ***** LUNCH LASAGNA, GREEN BEANS, GARLIC BREAD STICKS</p>	<p>9 BREAKFAST SAUSAGE BISCUIT, JUICE, FRUIT ***** LUNCH HAMBURGER, CURLY FRIES, LETTUCE TOMATO</p>	<p>10 BREAKFAST BREAKFAST PIZZA, JUICE, FRUIT ***** LUNCH COMBO BURRITO, SPANISH RICE, FRUIT</p>	<p>11 BREAKFAST POP TART, JUICE, FRUIT ***** LUNCH CHICKEN NUGGETS, MASHED POTATOES, GRAVY, ROLL</p>	<p>12 BREAKFAST CEREAL, JUICE, FRUIT ***** LUNCH RED BEEF ENCHILADAS, BEANS, RICE</p>
<p>15 NO BREAKFAST STUDENTS REPORT AT 11:00 AM ***** LUNCH LASAGNA, SEASONED GREEN BEANS, GARLIC BREAD</p>	<p>16 BREAKFAST PANCAKE ON A STICK, JUICE, FRUIT ***** LUNCH BBQ SANDWICH, CURLY FRIES, LETTUCE TOMATO</p>	<p>17 BREAKFAST CINNAMON TOAST, JUICE, FRUIT ***** LUNCH CHICKEN FAJITAS, GRILLED VEGETABLES, BEANS, FLOUR TORTILLA</p>	<p>18 BREAKFAST BLUEBERRY MUFFIN, JUICE, FRUIT ***** LUNCH PORK CHOP, GREEN CHILI MASHED POTATOES, GRAVY, ROLL</p>	<p>19 BREAKFAST CEREAL, JUICE, FRUIT ***** LUNCH ASIAN CHICKEN, FRIED RICE, ORIENTAL VEGETABLES, FORTUNE COOKIE</p>
<p>22 BREAKFAST MORNING ROLL, JUICE, FRUIT ***** LUNCH MAC &amp; CHEESE, MIXED VEGETABLES, BREAD STICK</p>	<p>23 BREAKFAST BENEFIT BAR, JUICE, FRUIT ***** LUNCH PIZZA, FRUIT, JUICE</p>	<p>24 BREAKFAST HAM AND CHEESE SANDWICH, JUICE, FRUIT ***** LUNCH TACOS, BEANS, SPANISH RICE</p>	<p>25 BREAKFAST MINI PANCAKES, JUICE, FRUIT ***** LUNCH CHICKEN PATTY, MASHED POTATOES, GRAVY, ROLL</p>	<p>26 BREAKFAST CEREAL, JUICE, FRUIT SANDWICH, JUICE, FRUIT ***** LUNCH ASADO, TORTILLA, RICE, CORN</p>
<p>29 BREAKFAST FRENCH TOAST STICKS, JUICE, FRUIT ***** LUNCH LASAGNA, GREEN BEANS, GARLIC BREAD STICKS,</p>	<p>30 BREAKFAST SAUSAGE BISCUIT, JUICE, FRUIT ***** LUNCH HAMBURGER, CURLY FRIES, LETTUCE TOMATO</p>	<p>31 BREAKFAST BREAKFAST PIZZA, JUICE, FRUIT ***** LUNCH COMBO BURRITO, SPANISH RICE, FRUIT</p>	<p>1 BREAKFAST BK BURRITO, JUICE, FRUIT ***** LUNCH CKN NUGGETS, MASHED POTATOES GRAVY, ROLL</p>	<p>2 BREAKFAST CEREAL, JUICE, FRUIT ***** LUNCH RED BEEF ENCHILADAS, BEANS, RICE SORRY- NO SOPAPILLAS TODAY</p>